



Tudor Gate Surgery

NEWSLETTER

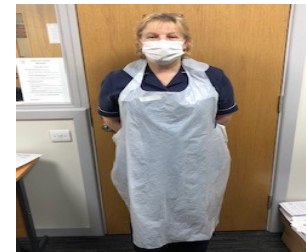
Issue 17

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WHAT A YEAR

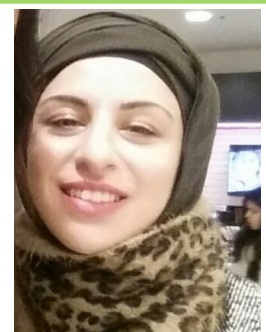


I think we all have to agree that as 2020 comes to an end everyone has been affected by COVID 19. As a Surgery we see daily the impact this virus has had on our patients health and wellbeing. We do understand what your going through. We see the impact on those who have contracted the virus, the families who are supporting or have lost family members. We view the effect that the Government Lockdowns have had on the happiness and security of our daily lives, the loss of our social networks ,our freedom, the inability to see our family and friends. In addition to this people are worrying about their job security or for those who are already unemployed the fear that they may not be able to secure work in the short-term. The list goes on and goes on and we haven't mentioned the difficulties of people who are working from home albeit it sometimes from the kitchen table that is being shared with the children that are being home schooled because of Covid outbreaks and the need to isolate. We do understand because as a Surgery all our staff are facing the same challenges within their family units. We have remained open and continue to remain open throughout this Pandemic. It has meant huge changes for us in the way we work. We know it sometimes seems that we are being difficult when we are unable to allow our patients to enter the building as and when they would like to see a Practitioner,. The fact that you have to have a telephone triage when you would prefer to be seen and then when you are asked to come to the Surgery being asked to wait outside because of social distancing within the Surgery. The reason we operate this system is to keep you safe. Your safety is paramount at these times. We are all frustrated by the way we are having to operate but we



NEW GP REGISTRARS

We are extremely lucky at the moment to have two new GP Registrars join the Team. Many of you will have already met or spoken to them and we wish Dr Rhys Price and Dr Rehan Al-Biatty a warm welcome to Tudor Gate Surgery.



Staff Update

It is with sadness that we have to inform you that Dr Howell Simpkins has left the Surgery. He worked here for many years and I am sure many of our patients will miss him but we would like to wish him well for the future. In his place we welcome Dr Rosie Edwards. Many of you will know her from her completing her training as a GP here and we are pleased that she has remained with us.

It is also with regret that we announce the retirement at the end of the year of one of our Receptionists Sue Beatty. Sue

HOSPITAL SERVICES ARE CHANGING

From 17th November the Grange University Hospital is opening:

CALL 999 or go the Grange University Hospital if you have a life-threatening illness or serious injury

GO TO A MINOR Injury Unit at Nevill Hall, Royal Gwent of Ysbyty Ystrad Fawr if you have minor injury

CONTACT YOUR GP if you have an illness or concern that it not immediately life threatening

New Face in Reception



We are more than delighted to welcome our new Reception Lindsay.



AT A LOSS.ORG—Has someone died? Search ataloss.org for local and specific bereavement support services. Helping the bereaved find support. [We are here to help. www.ataloss.org](http://www.ataloss.org)

MENTAL HEALTH SUPPORT during Covid times. Monmouth County Council are offering help - 01633 644696

Flu Clinics— This year we ran our flu programme a little differently and had three very successful days where all staff worked on a Saturday to enable nearly 2000 vaccines to be administered. The days were very positive considering all the Social Distancing measures we had to consider.

CARER SECTION

Monmouthshire Carers are offering an app <https://jointlyapp.com/> free for a year to all their Carers and Young Carers. Whilst access to it on line is free when someone wants to create a circle, which is basically a support circle, then they need to pay. At the point of paying they can use the free access code which is [JOIN8922 MONMOUTHSHIRE](https://jointlyapp.com/). There isn't any total limit on the code usage and a single user can create up to 10 circles using a code. Monmouthshire Carer say it is of great benefit to Carers

CARERS RIGHTS DAY IS Thursday 26th November. To help you know what you are entitled to you can read the latest LOOKING AFTER SOMEONE GUIDE which gives Carers the full picture of the practical and financial support available to them. The guide can be found at carersuk.org/LAS

COMMUNITIES FOR WORK is funded by the Welsh Government and aims to provide employability guidance, training opportunities and support for participants to overcome their personal barriers. The project will support and enable participants to gain a number of qualifications, develop new skills and provide meaningful work placements. We offer mentoring that suits individual needs to develop confidence, further learning and employability skills.

ELIGIBILITY

- ◆ Do you live in Monmouthshire
- ◆ Unemployed or on a 0 hour contract
- ◆ Want to gain employment?

Contact Michelle Long—07836 262102 or www.monmouthshire.biz/cfw

Test Results Please ring for test results after 10.00 a.m. as before this time we are usually busy taking bookings for that day.



We will be closed on Friday 25th and Monday 28th December and Friday 1st January 2021

STAY SAFE EVERYONE